



# Chaska City Hall Bulletin

## "The Best Small Town in Minnesota"

### Chaska City Hall

[www.chaskamn.com](http://www.chaskamn.com)

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## RECAP OF THE JULY 4<sup>TH</sup> ACTIVITIES IN CHASKA

### Fun Run: 8:30 am

A 5K (3.1) mile course through the trails of Jonathan. Open to all to run/walk/or stroll. Meet at the Kindergarten Center/Jonathan General Store parking lot on Village Road to register between 8:00-8:15 am. Fun Run begins at 8:30 am. Free T-shirts for all participants.



### Kiddie Parade: 11:00 am

For over 35 years Jonathan has held its famous Kiddie Parade! The Kiddie Parade is a two block long parade for the whole family. Dress up and/or decorate your bikes, trikes, wagons and pets. A fire truck and police escort will lead you safely from the Jonathan General Store to the Jonathan Association office (Karen House) on Bavaria Road. The parade starts promptly at 11:00 am.

### Karen House Activities: 11:15 am

After the parade, you can cool off with refreshments at the Karen House, including free orange drink and ice cream for the kids, and popcorn for everyone. There will be a petting zoo and pony rides, a giant slide, moonwalk, magician, balloon artist, face painting, temporary tattoos and a watermelon eating contest.

### City of Chaska Fireworks: Starting at Dusk

The best viewing is from McKnight Park, Jonathan Elementary, Jonathan Square, or the Home Depot parking lots. The cost of the fireworks is approximately \$10,000 if anyone wants to contribute! There will be 608 individual special effects, some with casings as large as 12" in diameter!

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All City offices will be closed on Monday for the 4<sup>th</sup> of July holiday. If you have an electrical, water/sewer, or public works emergency, call 952-448-4335. The Community Center hours on Saturday, July 2<sup>nd</sup> are 5:00 am to 5:00 pm. Sunday hours are 8:00 am to 5:00 pm. Closed on Monday Due to the holiday, the regular City Council meeting scheduled for Monday, July 4<sup>th</sup> has been moved to Monday, July 11<sup>th</sup> at 7:00 pm at City Hall. . Have a fun and safe holiday!

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## COMMUNITY CENTER ACTIVITIES

### MUSIC IN THE PARK

All concerts are free and open to the public. Concerts begin at 7:00 pm in City Square Park.

July 1 – *Hand Picked and Homemade*  
(Bluegrass music)

### HOT WEATHER PRECAUTIONS

With the temperature predicted near 100 degrees today, here are some precautions to follow in order to cope with the hot weather.

Drink plenty of fluids, but avoid drinks with alcohol, caffeine or a lot of sugar. Start drinking fluids before going out into the heat.

Wear sun block, hats, sunglasses and light colored, loose fitting cotton clothes.

Eat more frequently. However make sure meals are well balanced and light. Avoid oily and fried food. Fruits, vegetables, salads, and yogurt are especially suggested.

Smoke as little as possible.

Take frequent showers.

Stay indoors! – Particularly between 11 am and 4 pm.

Make sure children stay hydrated. Children can become dehydrated faster than adults. Offer your child fluids every 15 minutes.

Forty percent of all heat-related deaths occur in people aged 65 or older. Many older individuals have medical conditions that increase the dangers of hot weather. Their bodies are slower to adjust to temperature changes and they may have a diminished thirst reflex that keeps them from drinking adequate amounts of liquid. Some individuals may have safety and financial concerns that keep them behind locked doors and windows without fans or air conditioners.

Remember your pets – don't let your dog linger on hot asphalt when out for a walk, which should be kept to a minimum. Being so close to the ground your pooch's body can heat up quickly and sensitive paw pads can burn. Never leave your animals alone in a parked vehicle. Symptoms of overheating in pets include excessive panting or difficulty breathing, increased heart and respiratory rate, drooling, mild weakness, stupor or even collapse. Animals with flat faces, like Pugs and Persian cats are more susceptible to heat stroke since they cannot pant as effectively.

### What is heat exhaustion?

Heat exhaustion happens when your body gets too hot. It can be caused by physical exercise or hot weather. You may experience:



- Heavy sweating
- Feeling weak and/or confused
- Dizziness
- Nausea
- Headache
- Fast heartbeat
- Dark-colored urine, which indicates dehydration

If you think you have heat exhaustion, get out of the heat quickly. Rest in a building that has air-conditioning. If you can't get inside, find a cool, shady place. Drink plenty of water or other fluids. Do NOT drink alcohol or caffeinated drinks (such as soda). These can make heat exhaustion worse. Take a cool shower or bath, or apply cool water to your skin. Take off any tight or unnecessary clothing.

If you do not feel better within 30 minutes, you should contact your doctor. If heat exhaustion is not treated, it can progress to heatstroke, which is much more serious.

- Symptoms of Heat Stroke:
- Skin that feels hot and dry, but not sweaty
  - Confusion or loss of consciousness
  - Frequent vomiting
  - Shortness of breath or trouble breathing.

Seek medical attention immediately.